

E-PRO

(“Nah, Nah, Nah, Nah, Nah, Nah”)

Choreography by Elaine Bender
7301 Arroyo Way, Crowley, TX 76036
817-297-1973/email doublestep@ev1.net
Elaine is clogging director, Bruce Lea Dance Factory

Easy Advanced Line Dance
Rock music – Moderate Tempo
Artist: Beck CD: “Guero” 2005 Geffen Records
Cat.# ASIN BOO7SL1LW

Hold 2 Counts of 8

PART A

Heel Steps (moving left)	DS Heel Step	DS Heel Step	Stomp DS	DS	RS
	L R R	L R R	L R	L	RL
Stomp Double	&a1 & 2	&a3 & 4	5	&a6 &a7	&8

Repeat Heel Steps moving to the Right and Stomp Double using OPPOSITE FOOTWORK

PART B (Verse)

2 Basics (1/4 turn to L)	DS RS	DS RS	DS Dble S	Dble S	Dble S	Touch Lift
Tap (moving backwards)	L RL	R LR	L R R	L L R	R	L L
	&a1 &2	&a3 &4	&a5 e& a	6e & a7	e	& 8

2 Skuffits (turning ¼ L)	DS Heel/Brush (out)	Hop Brush	Ball (back)	Step	DS Heel	Hop Brush	Step
	L R R	L R R	R	L R L	R R	R	R
	&a1 e	& a	2	&a3 e & a	4		

Step, Step, Clap	Step	Step	Clap	Shake	Shake	Shake
Shake, Shake, Shake	5	& 6	7	& 8		
	L	R	R	L	R	

PART C (Chorus)

Loops (moving Left)	DS Step behind	DS Step behind	DS RS	Dble Dble	B/S
Basic, Dble Dble	L R	L R	L RL	R R	R/R
Ball/Slide	&a1 &2	&a3 &4	&a5 &6	&a 7	&8

Triple Turn (1/4 to L)	DS DS DS RS	DS (xib)	DS (xib)	Dble Bo(xib)	Up	Step (xif)
Bounce Behind	L R L RL	R L	R	R	R	R
Up, Step Front	&a1 &a2 &a3 &4	&a5	&a6	&a7	&	8

REPEAT SAME FOOTWORK to face front

PART B (Verse)

2 Basics, Tap, 2 Skuffits, Step-Step-Clap, Shake-Shake-Shake

PART C (Chorus)

Loops, Basic, Dble-Dble with a Ball/Slide, Triple Turn, Bounce Behind, Up, Step in front

PART D - BRIDGE

Kick & Gallop	Kick S (xif)	RS	Kick S (xif)	RS	Kick S (xif)	RHB	RHB	Ball/Slide	
	L	L	RL	R R	LR	L L	RLL	RLL	R/R
	&	1	&2	& 3	&4	& 5	&a6	&a7	&/8

Canadian Basic	DS	Dble	Hop	Tch/ Lift	Dble	Dble (out)	Circle (left)	S/Heel (ots)
Dble-Dble	L	R	L	R/R	R	R	R	R/L
Circle, Heel	&a1	e&	&	2 e	&a	3e	&	4

Stomp Dble	(Turn ½ L)	Stomp	DS	DS	Ball/Slide
Ball Slide		L	R	L	R/R
		5	&a6	&a7	&/8

PART C (Chorus)

Loop Steps, Basic, Double-Double, Ball-Slide, Triple Turn, Bounce Behind, Up, Step in Front Repeat

PART C (Chorus)

Loop Steps, Basic, Double-Double, Ball-Slide, Triple Turn, Bounce Behind, Up, Step in Front Repeat

PART A

DS, Heel Steps, Stomp Double. DS, Heel Steps, Stomp Double

PART E

Step, Heel-Twist, Basic	Step	Heel-Twist (in front)	DS	RS
	L	R	R	LR
	1	& 2	&a3	&4

Quick Toes	S	Toe-Ball (turn in)	Rock (turn in)	Step (turn out)	Clap
	L	L-L	L	R	
	5	e&	a	6	&
	S	Toe-Ball (turn in)	Rock (turn in)	Step (turn out)	Clap
	L	L-L	L	R	
	7	e&	a	8	&

REPEAT SAME FOOTWORK

PART A

DS, Heel Steps, Stomp Double. DS, Heel Steps, Stomp Double

PART E

Step, Heel-Twist, Basic, Quick Toes. Step, Heel-Twist, Basic, Quick Toes