

# JERK IT OUT

(As seen in the iPod commercial)

## TEEN-ADULT PERFORMANCE VERSION

### Choreography by Elaine Bender, C.C.I

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Elaine is Clogging Director, Bruce Lea Dance Factory, Ft. Worth, TX

### Intermediate+ Line Dance

Artist: Caesars Music: 60's style

CD: Astralwerks/Emd 2003

Cat.# ASIN B000008WFR4

Hold One Count of 8

### INTRO (2 counts of 8)

Stroll Left	Step	Step (xif)	Step	Touch Step	Touch Step	Touch
	L	R	L	R R	L L	R

Stroll Right Opposite footwork

Wind Me Up	DS	DS (xif)	Toe	Step (behind)	Flare in the air, moving Rt.
	L	R	L	L	R
	&a1	&a2	&	3	4

Dble Bounce Basic	Double Bo (xib)	Heel	Lift	DS	RS
	R B	L	L	L	RL
	&a	5	&	6	&a7 &8

Triple ½ turn R Fancy Double	DS	DS	DS	RS (turning Rt. To Back)	DS	DS	RS	RS
	R	L	R	LR	L	R	LR	LR
	&a1	&a2	&a3	&4	&a5	&a6	&7	&8

Hop Toe Vine	DS	DS (xif)	DS	Hop	Toe Ball (full turn to the right)
	L	R	L	L	R R
	&a1	&a2	&a3	&	a 4

Triple Toe Heel	DS	DS	DS	Toe (knee turns in)	Heel (knee turns out)
	L	R	L	R	R
	&a5	&a6	&a7	&	8

Stomp Slur Vine	Stomp	DS (xif)	DS	Slur (xib)	DS	DS	DS	RS (turn Rt. to front)
	R	L	R	L	R	L	R	LR
	1	&a2	&a3	4	&a5	&a6	&a7	&8

Swim & Step Chain Turn 1/2	Step	Step (xib)	Rock (ots)	Step (xif)	Snap	DS	RS	RS	RS
	L	R	L	R	fingers	L	RL	RL	RL
	1	2	&	3	4	&a5	&6	&7	&8

Kick Rock Step (3) #1 Basic	Kick	RS	Kick	RS	Kick	RS	DS	RS
	R	RL	R	RL	R	RL	R	LR
	1	&2	3	&4	5	&6	&a7	&8

Machine Gun	DS	DS (xif)	Ball/Slide	Dble (xib)	Flange	S	RS	DS	RS
	L	R	L / L	R	L	L	RL	R	LR
	&a1	&a2	& 3	&a	4	5	&6	&a7	&8

Jerk It Out – Page 2

**CHORUS** (4 counts of 8) “Cause it’s easy once you know how it’s done”

Row B moves forward to join Row A:

Heel Pulls	Rock	Heel Pull	Rock	Heel	Pull	Rock	Heel	Pull	DS	RS
Basic	L	R	L	R	L	R	L	R	R	LR
	&	1	2	&	3	4	&	5	6	&a7 &8

In one line:

Cha-Cha	Step (front)	Step	Step (together)	RS	S (pivot turn ½ L)	S	DS	RS
Pivot Turn	L	R	L	RL	R	L	R	L
#1 Basic	1	2	3	&4	5	6	&a7	&8

REPEAT Row A moves to the back, so that the 2 have switched lines.

**PART D** (2 counts of 8) “When you jerk it out...”

Jerk	Right Arm	Left Arm	Step out	thumb	Look, Look
Hitchhike	(weight is equal on both feet)			R	Left hand shading eyes
Look	1, 2	3, 4	5	6	7 8

Jerk	Right Jerk	Left Jerk	DS	RS	DS	RS
Pony, Pony	(arm up, down) (arm up, down)		L	RL	R	LR
	1	2	3	4	&a5 &6	&a7 &8
					(R arm up)	(L arm up)

**PART A:** Wind me up, Dbl Bo, Heel up, Basic, Triple turn ½, Fancy Dbl, Hop Toe Vine, Triple Toe Heel, Stomp Slur Vine.

**PART B:** Swim & Step, RS, Snap, Chain ½ turn, 3 Kick Basics, #1 Basic, Machine Gun

**CHORUS:** 3 Heel Pulls, #1 Basic, Cha-Cha, Pivot Turn, #1 Basic. Repeat  
Rows switch again so that Row A is now back on the front.

**PART E:** Row A only: Left Basic. Hands in fists, right fist up and left fist down. Right Basic: Left fist up, right fist down. Left Chain Turn with right fist up. REPEAT with opposite feet and hands.

Row B only: Repeat same as above, while Row A is holding.

**BRIDGE 1:** Split sides of room. Either face Left or Right on 2 Basics (left and then right). Sides move toward one another with a Left Scooter (DS Scoot, RS, Scoot, RS) with hands behind back. Step Right with Right forward Swim right arm. Step Left with forward Swim left arm. Step Right with Right backstroke right arm., look right. Step Left with backstroke left arm, look left. Right Triple with arms behind as in Joey arms. Left Fancy double to face inward for circle. Lt Scooter. Rt Triple. Circle is now in place and everyone is looking inward at one another.

**CIRCLE CHORUS:** 3 Heel Pulls, #1 Basic, Cha-Cha, Pivot turn, #1 Basic. Moving in toward one another. Repeat with facing out and moving away from one another. Last Pivot will leave dancers in a circle facing one another to do last #1 Basic.

**BRIDGE 2:** Turn the circle with 4 Turkeys moving to left. Starts with a Left Turkey. Dance 2 sets of 1, 1, 3's to make one long column in middle of stage. That is, Left Basic, Right Basic, Left Triple. Then Right Basic, Left Basic, and Right Triple.

**PART D:** Jerk, Jerk, Hitchhike, Look, Turn Pony, Pony. 1<sup>st</sup> Time: On the Pony, Pony the front 2 dancers will go either left or right, and the remainder of the column dances forward. 2<sup>nd</sup> time: Pony, Pony 2 more dancers move out of the column either to the Left or to the right and remainder of the column dances forward. 3<sup>rd</sup> & 4<sup>th</sup> times are the same with dancers moving over each time on Pony.

**PART D:** Add 5<sup>th</sup> time. Remain facing front

**ENDING:** Ripple turn by dropping arms and turning to the right a full turn, left foot over right. There are 8 counts. Then Pose: Left foot crosses Right foot, and Right hand in the air making a peace sign.

**SEQUENCE: INTRO-A, B, C, D**

A, B, C,

E (1, 1, chain X 2: Row A. Then 1, 1, chain X 2: Row B)

Bridge 1 (2 basics and switch sides)

Circle Chorus

Bridge 2 (turkeys and 1, 1, 3 X 2 to make 1 column)

D (jerk it out X 5)

Ending

Check out my web site at <http://www.doublestep.net>