

JERK IT OUT

(As seen in the iPod commercial)

Choreography by Elaine Bender, C.C.I

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Elaine is Clogging Director, Bruce Lea Dance Factory, Ft. Worth, TX

Intermediate+ Line Dance

Artist: Caesars Music: 60's style
CD: Astralwerks/Emd 2003
Cat.# ASIN B000008WFR4

Hold One Count of 8

INTRO (2 counts of 8)

Stroll Left	Step	Step (xif)	Step	Touch	Step	Touch	Step	Touch
	L	R	L	R	R	L	L	R

Stroll Right Opposite footwork

PART A (4 counts of 8) "Wind me up, put me down, start me up...."

Wind Me Up	DS	DS (xif)	Toe	Step (behind)	Flare in the air, moving Rt.			
	L	R	L	L	R			
	&a1	&a2	&	3	4			

Dble Bounce	Double Bo (xib)	Heel	Lift	DS	RS
Basic	R B	L L	L L	L RL	
	&a 5	&	6	&a7	&8

Triple ½ turn R	DS	DS	DS	RS (turning Rt. To Back)	DS	DS	RS	RS
Fancy Double	R	L	R	LR	L	R	LR	LR
	&a1	&a2	&a3	&4	&a5	&a6	&7	&8

Hop Toe Vine	DS	DS (xif)	DS	Hop	Toe Ball (full turn to the right)		
	L	R	L	L	R	R	
	&a1	&a2	&a3	&	a	4	

Triple Toe Heel	DS	DS	DS	Toe (knee turns in)	Heel (knee turns out)
	L	R	L	R	R
	&a5	&a6	&a7	&	8

Stomp Slur Vine	Stomp	DS (xif)	DS	Slur (xib)	DS	DS	DS	RS (turn Rt. to front)
	R	L	R	L	R	L	R	LR
	1	&a2	&a3	4	&a5	&a6	&a7	&8

PART B (3 counts of 8) "A little off center and I'm out of tune...."

Swim & Step	Step	Step (xib)	Rock (ots)	Step (xif)	Snap	DS	RS	RS	RS
Chain Turn 1/2	L	R	L	R	fingers	L	RL	RL	RL
	1	2	&	3	4	&a5	&6	&7	&8

Kick Rock Step (3)	Kick	RS	Kick	RS	Kick	RS	DS	RS
#1 Basic	R	RL	R	RL	R	RL	R	LR
	1	&2	3	&4	5	&6	&a7	&8

Machine Gun	DS	DS (xif)	Ball/Slide	Dble (xib)	Flange	S	RS	DS	RS
	L	R	L / L	R	L	L	RL	R	LR
	&a1	&a2	& 3	&a	4	5	&6	&a7	&8

CHORUS (4 counts of 8) “Cause it’s easy once you know how it’s done”

Heel Pulls	Rock	Heel Pull	Rock	Heel Pull	Rock	Heel Pull	DS	RS
Basic	L	R	L	R	L	R	R	LR
	&	1	2	&	3	4	&	5 6 &7 &8

Cha-Cha	Step (front)	Step	Step (together)	RS	S (pivot turn ½ L)	S	DS	RS
Pivot Turn	L	R	L	RL	R	L	R	L
#1 Basic	1	2	3	&4	5	6	&7	&8

REPEAT

PART D (2 counts of 8) “When you jerk it out...”

Jerk	Right Arm	Left Arm	Step out	thumb	Look, Look
Hitchhike	(weight is equal on both feet)			R	Left hand shading eyes
Look	1, 2	3, 4	5	6	7 8

Jerk	Right Jerk	Left Jerk	DS	RS	DS	RS
Pony, Pony	(arm up, down)		L	RL	R	LR
	1	2	3	4	&5	&6
					(R arm up)	(L arm up)

PART A: Wind me up, Dbl Bo, Heel up, Basic, Triple turn ½, Fancy Dbl, Hop Toe Vine, Triple Toe Heel, Stomp Slur Vine.

PART B: Swim & Step, RS, Snap, Chain ½ turn, 3 Kick Basics, #1 Basic, Machine Gun

CHORUS: 3 Heel Pulls, #1 Basic, Cha-Cha, Pivot Turn, #1 Basic. Repeat

PART D TWICE: (Jerk it out): Jerk, Jerk, Hitchhike, Look, Jerk, Jerk, Pony, Pony

INTRO TWICE: Stroll Left, Stroll Right. Repeat

CHORUS: 3 Heel Pulls, #1 Basic, Cha-Cha, Pivot turn, #1 Basic. Repeat

INTRO TWICE (in a box): Stroll: Turn ¼ Left on each Step Touch, Step Touch (5, 6, 7 8)

PART D TWICE (in a box): Jerk, Jerk, Hitchhike, Look, Turn Pony, Pony ¼ to the Left each time.

PART D once more to the front and POSE

SEQUENCE: INTRO-A, B, C, D

A, B, C, D, D,
 INTRO, INTRO
 C
 INTRO IN A BOX
 PART D IN A BOX
 D