

**JINGLE BELL ROCK**  
*(Nickeloden Christmas – Muppets)*

1 – 1 – 3 in place

Triple forward

Moving backwards

Step – Step – Step – Step ( Left, Right, Left, Right)

With hands in the air, palms toward audience

1 – 1 – Triple Kick forward

1 – 1 – Triple back

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Chain to the Left. Swing hips Right, Left, Right, Left

Chain to the Right . Shuffle Left, Right, Left, Lift Left

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4 Giddyups. Slap Left hand to Left knee. Right hand on waist.

2 Basics to face the back. Left. Right.

Rocking Chair  $\frac{1}{4}$  turn to Left.

Rocking Chair to face front.

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2 Running Doubles: Left – Doublestep. Right – Doublestep

4 Basics – either back up or come forward to Make One Line.

DoubleStep Slur DS Brush up, DoubleStep Slur DS Brushup

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4 Giddyups.

2 Basics to face back.

ONLY 1 Rocking Chair this time to face wall.

3 Pivot turns – end up facing front. (“That’s the Jingle Bell...” 3 times)

8 Counts: Turn  $\frac{3}{4}$  to the right. One girl at a time to face left wall.

POSE: Left toe behind Right foot. Right arm down. Left arm up. Palms to audience.